

WEEK 1



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Cheese on toast Whole fruit	Vegetable bolognaise pasta bake and salad	Chocolate crunch	
TUESDAY	Melon pots Whole fruit	Vegetable and Quorn tikka masala in a jacket potato with salad	Ice cream	
WEDNESDAY	Topped bagels Whole fruit	Quorn chilli on a bed of rice with carrot batons	Strawberry mousse	
THURSDAY	Pineapple wedges Whole fruit	Vegetable pizza with wedges and salad	Iced sponge	
FRIDAY	Grape pots Whole fruit	Battered cod, chipped potatoes and baked beans	Strawberry cheesecake	

WEEK 2



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Fruit pots	Panini with wedges and coleslaw	Ice cream	
TUESDAY	Fish finger roll or veggie finger roll Whole fruit	Quorn chilli con carne in a jacket with salad	Fruit jelly	
WEDNESDAY	Melon slice Whole fruit	Vegetable burrito's with salad	Apple crumble muffin	
THURSDAY	Tuna or egg mayo roll Whole fruit	Vegetable pie with new potatoes and broccoli	Marble sponge	
FRIDAY	Grape pots Whole fruit	Battered cod, chipped potatoes and baked beans	Chocolate mousse	

WEEK 3



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Melon and pineapple wedges Whole fruit	Onion bhaji with yoghurt and mint dressing served in a naan bread with wedges and salad	Chocolate muffin	
TUESDAY	Baguette with tuna, cheese or egg Whole fruit	Macaroni cheese with carrots and peas	Chocolate crunch	
WEDNESDAY	Grape pots Whole fruit	Spicy bean burger with wedges and salad	Shortbread	
THURSDAY	Half topped panini Whole fruit	Vegetable and Quorn tikka masala with rice and vegetables	Fruit jelly	
FRIDAY	Fruit pots Whole fruit	Battered cod, chipped potatoes and garden peas	Orange sponge	

WEEK 4



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Cheese on toast Whole fruit	Sweet n sour vegetable and Quorn and vegetable rice	Iced pineapple sponge	
TUESDAY	Naan pizza Whole fruit	Spaghetti bolognaise pasta bake with sweetcorn	Shortbread	
WEDNESDAY	Pasta pots Whole fruit	Vegetable pizza with new potatoes and salad	Muffins	
THURSDAY	Tuna or egg mayo roll Whole fruit	Quorn Keema curry in a jacket potato with salad	Lemon drizzle cake	
FRIDAY	Melon wedges Whole fruit	Battered cod with chips and beans	Strawberry jelly	

WEEK 5



+	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Cheese on toast Whole fruit	Tomato pasta bake with mixed vegetables	Rice crispy cake	
TUESDAY	Grape pots Whole fruit	Veggie sausages with roasted new potatoes and peas	Flapjack	
WEDNESDAY	Topped rolls Whole fruit	Quorn mince lasagna with salad	Apple crumble cake	
THURSDAY	Half topped panini Whole fruit	Jacket potato with vegetable curry and salad	Banana muffin	
FRIDAY	Melon wedges Whole fruit	Battered cod, Chipped potatoes and baked beans	Ice cream	

WEEK 6



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Grape pots Whole fruit	Vegetable pizza with wedges and sweetcorn	Chocolate and apple muffins	
TUESDAY	Half a wrap Whole fruit	Tomato and basil pasta bake and salad	Fruit sponge	
WEDNESDAY	Half topped panini Whole fruit	Quorn mince shepherd's pie with carrots	Chocolate sponge	
THURSDAY	Topped bagel Whole fruit	Vegetable nuggets with wedges and salad	Mousse	
FRIDAY	Melon and pineapple wedges Whole fruit	Battered cod, chipped potatoes and baked beans	Shortbread	

WEEK 7



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Vegetable pizza Whole fruit	Thai green curry served with rice	Iced sponge	
TUESDAY	Baguette with tuna, cheese or egg Whole fruit	Leek and Quorn pie with new potatoes and broccoli	Fruit jelly	
WEDNESDAY	Fish finger roll or vegetable fingers Whole fruit	Roasted vegetable pasta bake served with a salad	Flapjack	
THURSDAY	Fruit pots Whole fruit	BBQ vegetable wrap and salad	Ice cream	
FRIDAY	Grape pots Whole fruit	Battered cod, chipped potatoes and baked beans	Pineapple upside down cake	

WEEK 8



	MORNING BREAK	LUNCH	DESSERT	
MONDAY	Cheese on toast Whole fruit	BBQ Quorn and vegetables with rice and broccoli	Fruit salad	
TUESDAY	Topped hoagies Whole fruit	Pasta bake with salad	Fruit jelly	
WEDNESDAY	Grape pots Whole fruit	Naan pizza with wedges and salad	Raspberry mousse	
THURSDAY	Fruit pots and yoghurts Whole fruit	Quorn hot dog with new potato salad a mixed salad	Shortbread	
FRIDAY	Melon wedges Whole fruit	Battered cod with chips and beans	Banana sponge	